

Advantage Dermatology, P.A.

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BIOPSY FOLLOW UP INSTRUCTIONS

WHERE DOES THE BIOPSY GO?

- The tissue that we biopsied today is considered a “specimen.” We generate a label for the specimen, place it in a bottle, and send it to an outside laboratory for processing. A dermatopathologist will review your specimen under the microscope and will generate a pathology report diagnosing the condition of your specimen. This pathology report is typically available within 2 weeks and will be sent to your provider.

BIOPSY FOLLOW UP VISIT

- On your way out you will need to schedule a 2-3 week biopsy follow up with the scheduling team at the front desk. This will allow enough time for your specimen to be processed by the lab and the results to be sent to your provider for review. During your biopsy follow up visit, we will review your pathology report in detail and discuss all of your treatment options. If possible, we can even treat you that day or discuss surgery options and schedule you for a future date.
- **It is very important that you keep your biopsy follow up appointment because the staff at the front desk will not be able to provide you with your biopsy result information over the phone.** Reviewing your biopsy results and treatment options is a conversation between you and your provider, as your provider is familiar with your individual condition and best suited to discuss your care.

COPY OF YOUR PATHOLOGY REPORT VIA THE PATIENT PORTAL

- After you have discussed your pathology report with your provider during your biopsy follow up visit, please feel free to use the patient portal to message your provider team (e.g. Team Bernhardt, Team Perez, Team Thomas, Team Troiano) to ask for an electronic copy of your pathology report. We review these messages and will respond as soon as possible. This is a quick, free, and easy way to obtain a copy of your pathology report after your biopsy follow up visit.
- Start by visiting the home page of our website (www.advantagederm.com) and selecting the tab labeled Patient Portal. Next, log in with your username and password. Your username is typically either your email or a combination of your first name, last name, and date of birth (e.g. jsmith@gmail.com or JSmith1980). If you have difficulty remembering your username or password, the scheduling team at the front desk will be happy to assist you. Select the **Contact Us** tab at the top. Select New Message and compose a message to your Provider Team requesting a copy of your pathology report.



Website



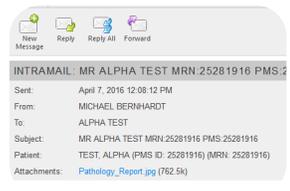
Patient Portal



Contact Us



Message Your
Provider Team



Open the
Attachment

BIOPSY WOUND CARE

- **Dressing:** A pressure dressing may have been applied to your wound to stop immediate bleeding. This dressing may be removed today. After removing, check the area for extreme swelling or redness of the wound, which could indicate bleeding deep within the wound.
- **Cleaning your Wound:** You may shower normally, letting warm soapy water run over the biopsy site, gently rinsing with water, and then patting the area dry. We recommend cleaning your wound in this manner once per day.
- **Bandages:** Apply a thin layer of Vaseline to the wound with a cotton tip applicator and then apply a bandage. You should do this 2-3 times per day for 2 weeks to prevent the wound from drying and scab formation. Try to rotate the bandage placement to avoid skin irritation. In the event the wound appears to be white and soft (an indication of excess moisture), remove the dressing and allow the wound to air dry for a few hours while remaining indoors.
- **Infection:** Check your wound daily for signs of infection. You should expect a moderate degree of tenderness, but extreme redness or tenderness suggests the possibility of infection. It is normal to have a red halo ring around the biopsy site. Signs of infection include increased redness, extreme tenderness, swelling, warmth to the touch, and drainage. Please call our office if you experience these signs and we will work you in for an appointment that day.
- **Bleeding:** If bleeding occurs from the wound, hold direct pressure to the site with your fingertips and a cotton ball for 20 minutes. If this does not stop the bleeding, call our office immediately.
- **Healing:** While your biopsy site is healing, avoid overuse or stretching of the biopsy site.
- **Scarring:** Your scar may be very noticeable at first, but with time, the pink or red color should fade and the irregularities should become smoother.

NOTES: _____
